



# Saint Mary's Catholic Voluntary Academy

Headteacher - Mr P Ackers  
Deputy Headteacher - Mrs S Rudd

18<sup>th</sup> October 2021

Dear Parents/Carers,

We are pleased to let you know that the children in Year 3 will be starting a six week block of Forest School sessions with *Inside Out Forest Schools* after the half term break. Sessions will take place on THURSDAY afternoons from **4<sup>th</sup> November up to and including 16<sup>th</sup> December** (6 weeks). There will be no session on Thursday 9<sup>th</sup> December due to the pantomime trip. The Forest Schools session is in addition to their Monday PE lesson.

The Forest Schools session will enhance your child's learning by helping develop resilience, self-confidence, communication skills, creativity and risk assessing. Sessions will also meet the needs of character education by developing enquiring minds and an aptitude to problem solving.

On the day, we ask that the children come into school dressed for Forest Schools in the afternoon.

Please see below information in regards to Forest School Kit (the pictures are for guidance only). Please ensure that all items of clothing are clearly labelled. If your child does not have a pair of waterproof trousers, then please let the school know, and we can sort a pair for them to wear.

## To every session whatever the weather!

- Waterproof coat
- Wellies/sturdy footwear
- Waterproof trousers
- Change of clothes

## Layers appropriate for the weather

- Vest
- Long sleeved top
- Fleece/sweatshirt/jumper/hoody
- Jacket
- Warm socks
- Gloves/winter hat/scarf

**Please be aware that clothing may get dirty or damaged so we would advise children to wear older garments.**

To minimise the risk of scrapes and nettle stings, we would advise, that the children wear long trousers and a long sleeved top, also bring a waterproof coat to every session. It's better to come prepared than to get caught short in the British weather!



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**St Ralph  
Sherwin**  
Catholic Multi Academy Trust



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We know that the children will really enjoy these sessions and look forward to getting started.

If you have any questions, then please contact the school office.

Kind regards,

Mrs Rudd

Deputy Headteacher