



Saint Mary's Catholic Voluntary Academy

Headteacher - Mr P Ackers
Deputy Headteacher - Mrs S Rudd

7th September 2021

Dear Parents/Carers,

We are pleased to let you know that the children in Year 6 will be starting a seven week block of Forest School sessions with *Inside Out Forest Schools* later this half term. Sessions will take place on THURSDAY afternoons from **9th September up to and including 21st October** (7 weeks). The Forest Schools session is in addition to their Tuesday PE lesson.

The Forest Schools session will enhance your child's learning by helping develop resilience, self-confidence, communication skills, creativity and risk assessing. Sessions will also meet the needs of character education by developing enquiring minds and an aptitude to problem solving.

On the day, we ask that the children come into school dressed for Forest Schools in the afternoon.

Please see below information in regards to Forest School Kit (the pictures are for guidance only). Please ensure that all items of clothing are clearly labelled. If your child does not have a pair of waterproof trousers, then please let the school know, and we can sort a pair for them to wear.

To every session whatever the weather!

- Waterproof coat
- Trainers / sturdy footwear
- Change of clothes

Layers appropriate for the weather

- T-shirt / top
- Long sleeved top
- Fleece/sweatshirt/hoody/jacket
- Sun hat/cap
- Sun cream
- Insect repellent

Please be aware that clothing may get dirty or damaged so we would advise children to wear older garments.

To minimise the risk of scrapes and nettle stings, we would advise, that the children wear long trousers and a long sleeved top, also bring a waterproof coat to every session. It's better to come prepared than to get caught short in the British weather!



DIOCESE OF
NOTTINGHAM

Saint Mary's Catholic Voluntary Academy
Gladstone Street, Glossop, SK13 8NE
01457 854473
info@mgl.srscmat.co.uk
Company Number 7937154



**St Ralph
Sherwin**
Catholic Multi Academy Trust



Saint Mary's Catholic Voluntary Academy

Headteacher - Mr P Ackers
Deputy Headteacher - Mrs S Rudd



We know that the children will really enjoy these sessions and look forward to getting started.

If you have any questions, then please contact the school office.

Kind regards,

Mrs Rudd

Deputy Headteacher