



Behaviour Support Service

Incorporating Positive Play and Nurture



Be Kind, Be Curious, Be Connected...

Give



Blossoming trees have the power to brighten the most challenging days! The National Trust are aiming to plant 20 million trees by 2030 to help combat climate change and increase urban green spaces. You can donate to their cause and dedicate a tree to your class or school. See www.nationaltrust.org.uk

Keep Learning



Mother's Day is just around the corner (14th March)

CONNECT with your mum or someone you care for by sending them a card made of natural art. During your daily exercise, whether this is taking a walk after school, counting your daily steps in the garden or visiting your local woods at the weekend, collect leaves, feathers, twigs and petals.

Please **CONNECT** with your Behaviour Support Teacher with any pictures or comments. We would love to know if you have been inspired by our BSS Bulletins or even made a card you would like to share with us.

Take Notice



21st March is **World Forestry Day**, an opportunity to celebrate and raise awareness of the importance of all types of forests and trees. Why not download the Woodland Trust's free Tree ID App at woodlandtrust.org and see what you can identify whilst out on a Spring walk as a family or as a class in your school grounds.

Free Webinars!

Look out for our exciting new training events!

Derbyshire Behaviour Support Service will be running two new webinars on a selection of dates throughout the summer term.

Understanding the Impact of Sensory Processing Needs on Behaviour will look at sensory processing needs and identify how they manifest themselves in unexpected (and sometimes challenging) behaviours within schools.

Regulation for Learning will help staff in school to reflect on states of regulation and dysregulation, which can impact on a pupil's behaviour as well as their ability to access academic and social opportunities for learning.

Both events will last for 1 hour and will be free to Derbyshire schools.

Spaces are limited so make sure you secure your place early! To find out more, including available dates and registration information, please access the Derby & Derbyshire - Emotional Health & Wellbeing website:

derbyandderbyshireemotionalhealthandwellbeing.uk

Be Active



Take 10,000 steps every day in March for Marie Curie

You can **Step into Spring** wherever you choose. Step outside for a springtime stroll, leave the car at home for your daily shop, dance around the house, or even walk on the spot while you're watching TV! There are endless ways to add some extra steps into your day. So why not set a fitness goal this spring and help them support more people while you're at it? <https://www.mariecurie.org.uk/get-involved>



March is a great time to enjoy daffodils – In gardens, parks and grass verges. Count them, photograph them, paint them, make them. Just think, daffodil bulbs have been waiting all winter to display their beauty with pride. Look for crocuses, pansies, snowdrops and tulips on your spring walk. Which is your favourite?

