



Saint Mary's Catholic Voluntary Academy

Curriculum Overview for RE, RSE and PSHE

EYFS: Theme 1 Created and Loved by God								
	Come and See	Journey in Love	Life to the Full	Statements to Live By	ELG	Links to CAFOD	Links to Global Calendar	EFCW
I know: That I am made by God	Myself (Domestic Church-Autumn term)			1. We are all special		Picture my World resource		
What I am good at		God loves each of us in our uniqueness Reception p.12		2. I can say one good thing about myself	Self-confidence and self-awareness (40-60+mths)	Picture My World		
Talk about the good things in my life	Myself (Domestic Church Autumn term) Celebrating (Local Church-Spring term)					Picture My World resource	World Environment Day 5 June	
I know: That I am living and growing	Growing (Lent/Easter Spring term)				The world (30 – 50mths)	Harvest Resources		
I can: Identify living things					Understanding the world (30 – 50mths)		World Wildlife day 3 March	
Be patient when I do not get what I want straight away					Managing feelings and behaviour (30-50mths)			
Name similarities and differences between myself and others		God loves each of us in our uniqueness Reception p.11		35. I notice we are the same and we are different	The world (40-60+mths)		World Day for Cultural Diversity 21 June	
Keep clean by washing and drying my hands					Health and self – care (30-50mths)	World Health Day 7 April World water day 22 March		



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That a baby grows inside its mother's womb before birth		God loves each of us in our uniqueness Reception p.14					International Women's Day	
I know: What I like and dislike					Self-confidence and self-awareness (40-60+mths)	Picture my world		
Say how I feel at different times								

EYFS: Theme 2 Created to Love Others								
	Come and See	Journey in Love	Life to the Full	Statements to Live By	ELG	Links to CAFOD	Links to Global Calendar	EFCW
Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June	
I can: Say 'please' and 'thankyou'				19. I try to use words that make the world a better place	Managing feelings and behaviour (40-60+mths)	Picture my World resource		
That God loves me and I can talk to God through prayer	All Topics	God loves each of us in our uniqueness Reception p.14						
Say 'sorry'	Friends (Reconciliation-Summer term)			31. I know how to show I am sorry	Managing feelings and behaviour (40-60+mths)		International Day of Peace 21 September	



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EYFS: Theme 2 Created to Love Others

EYFS: Theme 2 Created to Love Others								
	Come and See	Journey in Love	Life to the Full	Statements to Live By	ELG	Links to CAFOD	Links to Global Calendar	EFCW
That Jesus cares for me and I am part of God's family	Myself (Domestic Church-Autumn term)						Universal children's day 20 November	
That Jesus tells us to love one another	Friends (Reconciliation-Summer term)							
I know: Who can help me in school				25. I know when to ask for help and who to ask for help from	Self-confidence and self-awareness (30-50mths)			
That I belong to a family and can name my family members	Myself (Domestic Church Autumn term)	God loves each of us in our uniqueness Reception p.11			Understanding the world People and communities (22-36mths)		International Day of Families 15 May	
I can: Identify special people (family, carers, friends) in my life		God loves each of us in our uniqueness Reception p.12			Making relationships (30-50mths)			
When people are being unkind to me or others and how to respond				5. I know what to do if I see anyone being hurt	Making relationships (30-50mths)			Self Image and identity Online Bullying



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EYFS: Theme 3 Created to live in community – local, global, national								
	Come and See	Journey in Love	Life to the Full	Statements to Live By	ELG	Links to CAFOD	Links to Global Calendar	EFCW
To explore who my neighbour is – locally / globally	Our World (Universal Church Summer term)					Picture my World resource		
Show care for others	Family (Domestic Church Autumn term) Friends (Reconciliation-Summer term)	God loves each of us in our uniqueness Reception p.14		27. I know how to help others when they are in trouble	Making relationships (22–36mths)		Fair Trade Fortnight February Refugee Week June	
Right and wrong actions	Friends (Reconciliation-Summer term)				Managing feelings and behaviour (40-60+mths)			
To make the sign of the cross								
That Jesus tells us to love one another	Friends (Reconciliation-Summer term)			19. I try to use words that make the world a better place				
Show friendly behaviour towards others		God loves each of us in our uniqueness Reception p.13			Making relationships (30-50mths)		Fair Trade Fortnight February	
Ask questions about the wider world	Our World (Universal Church Summer term)				Understanding the world –the world (40-60+mths)	God's Wonderful World linked to (Come and See Universal Church)	World Environment Day 5 June	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
That I have individual gifts, talents and abilities, given by God	Beginnings Y2 (Domestic Church- Autumn term)		(KS1) 1.2.1 - I am Unique	2. I can say one good thing about myself					
Give thanks for the good things in my life	Families Y1 Beginnings Y2 (Domestic Church Summer term)	We meet God's love in our family Y1 p.16 (Rev Ed p15)	(KS1) 2.2.1 - Special People (KS1) 1.1.1 - Let the Children Come	20. I try to appreciate the beauty and the wonder in the world around me		Picture My World resource A Day with Musa resource	World Environment Day 5 June		
I know: That babies change and grow and that there are life stages from conception to death	Change Y1 (Lent/Easter Spring term)	We meet God's love in our family Y1 p.15	(KS1) 1.4.1 - The Cycle of Life		Living things and their habitats Y2 Sc2/2.1b Animals inc. humans Y2 Sc2/2.3b				
That a baby moves as it grows in its mother's womb	Waiting Y1 (Advent Autumn term)						International Women's Day 8 March		
Accept that I do not always get what I want	Change Y1 Opportunities Y2 (Lent/ Easter Spring term)			23. I try to keep going when things get difficult and not give up hope					
I can: Identify the needs of people and other living things.					Animals inc. humans Y2 Sc2/2.3c		Human Rights Day 10 December		
Describe the similarities and differences			(KS1) 1.2.2 - Girls and Boys	35. I notice that we are the same and we are different		A Day with Musa resource	World Day for Cultural Diversity 21 June	Difference & Diversity (Y1)	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
between people (general)									
Say what I should do to keep my body healthy (exercise, food, teeth, sleep, keeping clean)			(KS1) 1.2.3 - Clean and healthy	9. I can tell you how I look after myself 10. I think before I make choices that affect my health (circle time)	Animals inc. humans Y2 Sc2/2.3c	Health resource Water resource	World Health Day 7 April World Water Day 22 March	Being Healthy (Y1)	Health, Wellbeing and Lifestyle
I know: That we all have different likes and dislikes			(KS1) 1.3.1 - Feelings, Likes and Dislikes			A Day with Musa resource One Day One World resource		Difference & Diversity (Y1)	
I can: Name happy and sad times in my life	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)	We meet God's love in our family Y1 p.15 We meet God's love in the community Y2 p.19 (22)	(KS1) 1.3.2 - Feeling Inside Out	3. I can say how I feel (circle time)			International Day of Families 15 May		
I know: That I am special because I am made and loved by God	Belonging Y1 Signs and Symbols Y2 (Baptism- Autumn term)	We meet God's love in our family Y1 p.18 RevEd p20	Module 1 Unit 1 Story Sessions Handmade with Love (KS1) 2.1.1 - God Loves You	1. We are all special			Universal Children's Day 20 November		
Talk about my mood and know that how I am feeling is a			(KS1) 1.3.2 - Feeling Inside Out	3. I can say how I feel (circle time)					



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
normal part of daily life									

Key Stage One: Theme 2 Created to love others

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I can: Be courteous, for example, remembering to say, 'please' and 'thank you' without prompting			(KS1) 2.2.2 - Treat Others Well	19. I try to use words that make the world a better place					
That prayer is listening to God as well as talking to Him	All Topics	We meet God's love in our family Y1 p.15-18 We meet God's love in the community Y2 p.19- 22	All Units from 'Life to the Full' introduce children to a variety of ways to pray						
That Catholics belong to the Church family and that Jesus cares for all	Special People Y1 (Local church-Spring term) Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19		15. I know I belong to a community that includes my school		Refugees resource Universal Church topics	World Refugee Day 20 June		
That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		(KS1) 2.2.3 - ...And Say Sorry	31. I know how to show I am sorry			International Day of Peace 21 September		
Be forgiving, able to say sorry to	Being Sorry Y1 Rules Y2		(KS1) 2.2.3 - ...And Say Sorry	31. I know how to show I am sorry			International day of Peace		



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
mend relationships	(Reconciliation Summer term)			29. I try to forgive people when they hurt me			21 September		
Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		(KS1) 2.2.2 - Treat Others Well	13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May		Online Relationships
Look after myself and show respect to others			(KS1) 2.2.2 - Treat Others Well	13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	World Faith Week 22-29 October	Being Healthy (Y1)	Online Relationships
Be honest, able to tell the truth about my actions	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		(KS1) 2.2.3 - ...And Say Sorry	31. I know how to show I am sorry				Being Responsible (Y2)	
That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		(KS1) 1.3.3 - Super Susie Gets Angry					Being Responsible (Y2)	
Manage my feelings and behaviour	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		(KS1) 1.3.2 - Feelings Inside and Out (KS1) 1.3.3 - Super Susie Gets Angry	3. I can say how I feel (circle time)				Exploring Emotions (Y2)	
Describe how to keep safe in the sun			(KS1) 2.3.1 - Being Safe	9. I can tell you how I look after myself 10. I think before I make choices that		Health resource	World Health Day 7 April	Being Safe (Y2)	



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				affect my health (circle time)					
I know: Who to go to if I am worried or need help			(KS1) 2.3.1 - Being Safe	25. I know when to ask for help and who to ask for help from				Being Safe (Y2)	
That healthy families love, care and protect one another and that there are different family structures and these should be respected	Families Y1 (Domestic Church Autumn term)	We meet God's love in the community Y2 p.19	(KS1) 2.2.1 - Special People				Refugee Week June International Day of Families 15 May		
I can: Recognise what makes people special.			(KS1) 2.2.1 - Special People	1. We are all special		KS1 Bangladesh resource	International Day for Children 12 April		
That there are different types of teasing and bullying which are wrong and unacceptable and how to respond			(KS1) 1.3.2 - Feelings Inside and Out (KS1) 2.2.2 - Treat Others Well	5. I know what to do if I see anyone being hurt 7. I try to stand up for myself and others			Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)	Online Bullying Managing Online Information Online Relationships
How my behaviour affects other people and that there are appropriate and inappropriate behaviours	Rules Y2 (Reconciliation Autumn term)	We meet God's love in the community Y2 p.19	(KS1) 2.2.2 - Treat Others Well				Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)	Online Bullying Managing Online Information Online Relationships
Recognise the characteristics of			(KS1) 2.3.2 - Good and Bad Secrets	26. I can recognise comfortable and				Relationships (Y1)	



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positive and negative relationships				uncomfortable feelings (circle time)					
How to use simple rules for resisting pressure when I feel unsafe or uncomfortable			(KS1) 2.3.2 - Good and Bad Secrets	26. I can recognise comfortable and uncomfortable feelings (circle time)			Anti-Bullying Week November Internet Safety Week February	Relationships (Y1) Bullying Matters (Y2)	Self Image and Identity
Get adult help if someone is hurt				27. I know how to help others when they are in trouble			Emergency Services Day	Being Safe (Y2)	

Key Stage One: Theme 3 Created to live in community – local, global, national

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
Recognise that I can belong to a variety of communities locally, nationally and globally	Special People Y1 Books Y2 (Local church Spring term) Neighbours Y1 (Universal Church-Summer term)		(KS1) 3.1.2 - Who is My Neighbour? (KS1) 3.2.1 - The Communities We Live In	15. I know I belong to a community that includes my school		KS1 Bangladesh resource Laudato Si Care for our Common Home	Fair Trade Fortnight February		
Show awareness of differences between my life and others in the wider world	Neighbours Y1 (Universal Church-Summer term)	We meet God's love in the community Y2 p.19	(KS1) 3.1.1 - Three in One (KS1) 3.1.2 - Who is my Neighbour			Fair Trade Resource Laudato Si Care for our Common Home	Fair Trade Fortnight February		



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To make, and understand the sign of the cross									
Be friendly and can make friends			(KS1) 2.2.2 - Treat Others Well	18. I cooperate with others in work and play. (circle time)				Relationships (Y1)	
That how I act can have consequences	Being Sorry Y1 Rules Y2 (Reconciliation Summer term)		(KS1) 1.3.3 - Super Susie Gets Angry					Relationships (Y1)	Online Bullying
That Jesus tells us to forgive one another	Being Sorry Y1 Rules Y2 (Reconciliation-Summer term)		(KS1) 2.2.3 - ...And Say Sorry	31. I know how to show I am sorry			International Day of Peace 21 September		
Be caring, aware of the needs of others	Holidays and Holydays Y1 Spread the Word Y2 (Pentecost Summer term)		(KS1) 2.2.2 - Treat Others Well	13. I try to love others as I love myself		Picture My World resource A Day with Musa resource	Refugee Week June International Day of Families 15 May	Bullying Matter (Y2) Exploring Emotions (Y1)	Online Bullying

Lower Key Stage Two: Theme 1 Created and Loved by God

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I know: That life is precious and given by God	Homes Y3 People Y4 (Domestic Church-Autumn term)	God loves us in all our differences Y4 p. 28 -32	Module 1 Unit 1 Story Sessions Designed for a Purpose	35. I notice that we are the same and we are different		One Day One World	Universal Children's Day 20 November		
	Other Faiths weeks			36. I try to be accepting of others					



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
			(LKS2) 1.2.1 - We Don't Have to be the Same						
That God wants me to use my individual gifts, talents, and abilities		God loves us in all our differences Y4 p.30	(LKS2) 1.2.1 - We Don't Have to be the Same	2. I can say one good thing about myself					
Be forgiving, able to say sorry and not hold grudges against those who have hurt me	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)		(LKS2) 2.2.1 - Friends, Family and Others..	33. I try to accept forgiveness from others		Peace and Conflict resource	International Day of Peace 21 September		
Be grateful to others for the good things in my life	Homes Y3 (Domestic Church-Autumn term)		(LKS2) 2.2.1 - Friends, Family and Others..	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June		
I know: That my body is changing as I grow and some of the changes that occur throughout life.		God loves us in all our differences Y4 p.28-32	(LKS2) 1.2.3 - What is Puberty? (optional – can be left to Upper KS2) (LKS2) 1.2.4 - Changing Bodies (optional – can be left to Upper KS2)				Universal Children's Day 20 November International Day for Older Persons 1 October		
How a baby grows and develops in its mother's womb	Visitors Y3 (Advent-Autumn term)	God loves us in all our differences Y4 p.28-32	(LKS2) 1.4.1 - Life Cycles (optional – can be left to Upper KS2)				International Women's Day 8 March		



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Accept that I do not always get what I want and show an awareness of why this is	Self-Discipline Y4 (Lent/Easter-Spring term)			10. I think before I make choices that affect my health					
I can: Describe the needs of people and other living things, including the need to reproduce		God loves us in all our differences Y4 p.28-32	Module 1 Unit 1 Story Sessions Designed for a purpose						
Describe the similarities and differences between girls and boys (specific) and correctly name the main external parts of the male and female body and their functions		God loves us in all our differences Y4 p.28-32	(LKS2) 1.2.4 - Changing Bodies	35. I notice that we are the same and we are different		One Day One World resource	Universal Children's Day 20 November		
Describe a healthy life-style, including physical activity, dental health, healthy eating, sleep and hygiene			(LKS2) 1.2.2 - Respecting our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals including humans Y3 Sc3/2.2		World Health Day 7 April World Toilet Day 19 November	Being Healthy Y3 P.38	Health, well-being and lifestyle
I can: Confidently say what I like and dislike		How we live in love Y3 p.26		2. I can say one good thing about myself		One Day One World resource		Exploring Emotions Y3 P.38	
I can: Describe the wider range of my feelings		God loves us in all our differences Y4 p.30-32	(LKS2) 1.3.1 - What Am I Feeling?					Exploring Emotions Y3 P.38	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
Describe changes that happen in life eg loss, separation, divorce and bereavement	Community Y4 (Local Church-Spring term)		Module 2 Unit 2 Session 3 When Things Change (LKS2) 1.3.3 - I Am Thankful	3. I can say how I feel (circle time)				Changes Y4 P.50	
Describe some ways to maintain good mental health, (exercise, diet sleep, company)				3. I can say how I feel (circle time)			Mental Health Awareness Day/Week	Being Healthy Y3 P.38	Health, well-being and lifestyle

Lower Key Stage Two: Theme 2 Created to Love Others

Lower Key Stage Two: Theme 2 Created to Love Others									
	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I can be courteous, showing good manners at home and in school			(LKS2) 2.2.1 - Friends, Family and Others..	19. I try to use words that make the world a better place					
That I can spend time with God in prayer by myself and with others which helps me in life	All Topics	How we live in love Y3 p.23 God loves us in all our differences Y4 p.28-32	All Units from 'Life to the Full' introduce children to a variety of ways to pray						
That belonging to the Church family	Journeys Y3 Community Y4		(LKS2) 3.1.2 What is the Church?	15. I know I belong to a		Refugees resource	Refugee Week June		



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means that I should love other people in the same way as Jesus does	(Local Church-Spring term) Called Y4 Baptism/ Confirmation-Autumn term			community that includes my school		Universal Church topics	International Day of Families 15 May		
That following Jesus' teaching on forgiveness can help me in my relationships my friends	Choices Y3 Building Bridges Y4 (Reconciliation-Summer term)	God loves us in all our differences Y4 p.30	Module 2 Unit 1 Story Sessions Jesus My Friend	33. I try to accept forgiveness from others					
Describe how and why to keep safe in the sun			(LKS2) 1.2.2 - Respecting our Bodies	9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April		
Be respectful of myself and others, recognising differences		How we live in love Y3 p.23	(LKS2) 1.2.1 - We Don't Have to be the Same	33. I know what human dignity means and I show that I respect others		One Day One World resource	World Faith Week 22-29 October	Difference and Diversity Y3 Being Responsible Y3	
Be honest, able to be truthful in my relationships with others	Choices Y3 Building Bridges Y4 (Reconciliation - Summer term)	How we live in love Y3 p.25	(LKS2) 2.2.1 - Friends, Family and Others..	31. I know how to show I am sorry				Being Responsible Y3	
Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		(LKS2) 2.2.1 - Friends, Family and Others..	27. I know how to help others when they are in trouble 34. I stand up for people who are		All CAFOD resources	Refugee Week June Fair Trade Fortnight	Exploring Emotions Y3 Being Responsible Y3	Online Relationships



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
				being treated unfairly			26 February		
I know: That some behaviour is unacceptable		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	(LKS2) 2.2.2 When Things Feel Bad	5. I know what to do if I see anyone being hurt		Global Neighbours resource Laudato Si Care for our Common Home	Holocaust Memorial Day 27 January World Environment Day 5 June	Exploring Emotions Y3	Online Bullying Online relationships
Cope with natural negative emotions and show resilience following setbacks		How we live in love Y3 p.26 God loves us in all our differences Y4 p.30-32	Module 2 Unit 2 Session 3 When Things Change (LKS2) 1.3.3 - I Am Thankful	23. I try to keep going when things get difficult and not give up hope				Exploring Emotions Y3	
I know: That I can go to a number of different people for help in different situations.		How we live in love Y3 p.23	(LKS2) 2.2.2 When Things Feel Bad	25. I know when to ask for help and who to ask for help from				Being Safe Y4	
That there are different types of relationships including those between acquaintances, friends, relatives and family	People Y4 (Domestic Church-Autumn term)		(LKS2) 2.2.1 - Friends, Family and Others..	35. I notice that we are the same and we are different				Relationships Y4	
What bullying is (including cyber-bullying) and how to respond			(LKS2) 2.2.2 When Things Feel Bad				Anti-Bullying Week November	Bullying Matters Y3	Online Bullying



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Lower Key Stage Two: Theme 2 Created to Love Others

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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I can: Show care and concern for the special people in my life	Giving and Receiving Y4 (Eucharist-Spring term)	How we live in love Y3 p.23	(LKS2) 2.2.1 - Friends, Family and Others..	18. I cooperate with others in work and play (circle time)					
How to recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online			(LKS2) 2.3.1 - Sharing Online (LKS2) 2.3.2 - Chatting Online				Internet Safety Week February	Being Safe Y4	Online Reputation Online relationships
Make a clear and efficient call to emergency services if necessary			(LKS2) 2.3.5 First Aid Heroes	27. I know how to help others when they are in trouble			Emergency services day		
That not all images, language and behaviour are appropriate			(LKS2) 2.3.1 - Sharing Online (LKS2) 2.3.2 - Chatting Online	26. I can recognise comfortable and uncomfortable feelings (circle time)		Internet Safety Week February			Online Relationships Online Reputation Online Bullying
The difference between good and bad secrets				15. I know I belong to a community that includes my school				Relationships Y3	
Why social media, some computer games and online gambling, for example, are age restricted.								Being Safe Y4	Health, well-being and lifestyle Online Relationships



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Lower Key Stage Two: Theme 2 Created to Love Others

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health			(LKS2) 2.3.1 - Sharing Online (LKS2) 2.3.2 - Chatting Online						Online Relationships Online Reputation Online Bullying Health, well-being and lifestyle
How to be a discerning consumer of information online, including understanding that information, including that from search engines is ranked, selected and targeted.									Managing Online Information

Key Stage One: Theme 3 Created to live in community – local, global, national

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
Be friendly, able to make and keep friends	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)	How we live in love Y3 p.24	(LKS2) 2.2.1 - Friends, Family and Others..	18. I cooperate with others in work and play (circle time)					



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Key Stage One: Theme 3 Created to live in community – local, global, national

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
Show concern for the communities to which I belong, aware that my behaviour has an impact upon them	Choices Y3 Building bridges Y4 (Reconciliation-Summer term) Other Faiths weeks	How we live in love Y3 p.23	(LKS2) 3.1.1 A Community of Love (LKS2) 3.1.2 What is the Church?	18. I cooperate with others in work and play (circle time)		Climate and Environment Resource Fair Trade Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June		
Identify injustices in the wider world	Special Places Y3 God's People Y4 (Universal Church-Summer term)		(LKS2) 3.1.1 A Community of Love (LKS2) 3.1.2 What is the Church?			Climate and Environment Resource Fair Trade Resource Laudato Si	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5 June	Being Responsible Y3	
That God is Trinity	Special Places Y3 God's People Y4		(LKS2) 3.1.1 A Community of Love						
That some behaviour is unacceptable				18. I cooperate with others in work and play (circle time)				Being Responsible Y3 Difference and Diversity Y3 Bullying Matters Y3	Online relationships Online Bullying
That following Jesus' teaching on forgiveness can help me in my relationships with my friends	Choices Y3 Building bridges Y4 (Reconciliation-Summer term)								



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Key Stage One: Theme 3 Created to live in community – local, global, national

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
Be caring, aware of the needs of others and responding to those needs	Energy Y3 New Life Y4 (Pentecost-Summer term)		(LKS2) 2.2.1 - Friends, Family and Others..	27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee Week June Fair Trade Fortnight 26 February		

Upper Key Stage Two: Theme 1 Created and Loved by God

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I know: That we are all children of God and made in God's image and likeness	Ourselves Y5 (Domestic Church-Autumn term)	God loves me in my changing and development Y5 p.33-36	Module 1 Unit 1 Story sessions Kester's Adventures (UKS2) 1.2.1 - Gifts & Talents	1. We are all special		One Day One world resource	World Day for Cultural Diversity 21 June International Day for Tolerance 16 November		



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Upper Key Stage Two: Theme 1 Created and Loved by God

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
That each person has a purpose in the world and that God has created me for a particular purpose (vocation)	Life Choices Y5 Vocation and Commitment Y6 (Baptism/ Belonging-Autumn term)		(UKS2) 2.1.1 - Is God Calling You?			Oscar Romero resource			
I know: The changes that occur at each stage of a human being's life (including childhood, adolescence, adulthood, old age) and specifically the changes which occur during puberty		God loves me in my changing and development Y5 p.33-34 *SDB Y5 /6	(UKS2) 1.2.2 - Girls' Bodies (UKS2) 1.2.3 - Boys' Bodies		Animals including humans Sc5/2.2a		International Youth Day 12 August International Day for Older Persons 1 October	Growing Up Y6	
About the week by week development of the baby in its mother's womb		The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6	Lower KS2 Life Cycles could be used here (UKS2) 1.4.1 - Making Babies (P1)				International Women's Day 8 March		
How human life is conceived in the womb, including the language of sperm and ova and about the nature and role of menstruation in the fertility cycle		Y5 p.34 God loves me in my changing and development The wonder of God's love in creating new life Y6 p.40-41 *SDB Y5 /6	Module 1 Unit 3 Sessions 1-3 (UKS2) 1.4.1 - Making Babies (P1) (UKS2) 1.4.2 - Making Babies (Pt2) (parents may withdraw) (UKS2) 1.4.3 - Menstruation						



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Upper Key Stage Two: Theme 1 Created and Loved by God

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
About the differences between boys and girls with regard to puberty and reproduction		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6 The wonder of God's love in creating new life Y6 p.37-39	(UKS2) 1.2.2 - Girls' Bodies (UKS2) 1.2.3 - Boys' Bodies						
About the impact that poor lifestyle choices can have on my health including lack of physical activity, poor dental health, sleep, hygiene, drugs and alcohol. The facts and science relating to immunisation and vaccination		*SDB Y5 /6	(UKS2) 1.2.4 - Spots & Sleep	9. I can tell you how I look after myself 10. I think before I make choices that affect my health	Animals inc. humans SC6/2.2b		World Health Day 7 April World Toilet Day 19 November	Being Healthy Y5 Drug Education Y6	Health, Well-Being and Lifestyle
I can: Be confident in my relationships with my peers in various situations, including online			(UKS2) 2.3.1 Sharing Online Module 2 Unit 3 Session 2 Chatting Online				Internet Safety Week February	Relationships Y5 Being Safe Y6	Self Image and Identity Online Relationships
I can: Describe how my emotions may change and intensify as I grow and move through puberty		God loves me in my changing and development Y5 p.35 *SDB Y5 /6	(UKS2) 1.3.3 - Emotional Changes	3. I can say how I feel				Exploring Emotions Y5 Growing Up Y6	



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Upper Key Stage Two: Theme 1 Created and Loved by God

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
		The wonder of God's love in creating new life Y6 p.42-43							
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough.			(UKS2) 1.3.3 - Emotional Changes					Being Healthy Y5 Exploring Emotions Y5	
I know: How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body.		Y5 p.33-36 God loves me in my changing and development *SDB Y5 /6	(UKS2) 1.2.2 - Girls' Bodies (UKS2) 1.2.3 - Boys' Bodies					Being Healthy Y5	
Describe some of the varied emotions that accompany the changes that happen in life, e.g. loss, separation, divorce and bereavement	Death and New Life Y6 (Lent/Easter-Spring term)	*SDB Y5 /6	(UKS2) 1.3.3 - Emotional Changes					Changes Y6	
Describe the impact that poor lifestyle choices can have on mental health and the need for exercise, fresh air, company, good diet and sufficient good quality sleep to support mental well-being.			(UKS2) 1.2.4 - Spots & Sleep	9. I can tell you how I look after myself 10. I think before I make choices that affect my health			Mental Health Awareness day/week	Being Healthy Y5	Health, Well-being and lifestyle



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Upper Key Stage Two: Theme 2 Created to Love Others

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
I can: Be courteous in my dealings with friends and strangers			Module 1 Unit 1 Story sessions Kester's Adventures	19. I try to use words that make the world a better place					
I know: That some behaviour is unacceptable, unhealthy or risky			(UKS2) 1.3.2 - Peculiar Feelings	6. I understand that rights match responsibility			Internet Safety Week February	Drugs Y6	Online relationships Online reputations
About the impact of unsafe exposure to the sun and how to reduce the risk of sun damage				9. I can tell you how I look after myself 10. I think before I make choices that affect my health			World Health Day 7 April		
Be respectful of my own and others uniqueness, demonstrating respect for difference (Protected Characteristics)	Ourselves Y5 (Domestic Church-Autumn term) Other Faiths weeks	God loves me in my changing and development Y5 p.33-36		36. I try to be accepting of others		One Day One World resource	One World Week October World Faith Week November	Difference and Diversity Y5 Being Responsible Y5	
The importance of forgiveness and reconciliation in relationships and the challenges involved in following Jesus' teaching on forgiveness	Freedom and Responsibility Y5 Healing Y6 (Reconciliation-Summer term)			29. I try to forgive people when they hurt me 33. I try to accept forgiveness from others		Advent and Lent resources	International Day of Peace 21 September		
Show resilience and manage risk in order to resist unacceptable pressure and show		God loves me in my changing and development Y5 p.35	(UKS2) 2.2.1 - Under Pressure	9. I can tell you how I look after myself			Internet Safety Week February	Changes Y6	Online Relationships



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
determination and courage when faced with new challenges			(UKS2) 2.2.2 - Do You Want a Piece of Cake? (UKS2) 1.3.1 - Body Image						Online Reputation Online Bullying
That the Church is the Body of Christ in the world and what Church teaching says about showing love for others (Catholic Social Teaching)	Common Good Y6 (Universal Church-Summer term) Mission Y5 (Local Church-Spring term) Unity Y6 (Eucharist-Spring term)			15. I know I belong to a community that includes my school		Universal Church Topic Year 6	Fair Trade Fortnight February Refugee week June		
Be honest, striving to live truthfully and with integrity, using good judgement			Module 1 Unit 1 Story sessions Kester's Adventures	8. I try to be just and fair				Being Responsible Y5	
Be compassionate, able to empathise with the suffering of others and displaying the generosity to help	Sacrifice Y5 Death and New Life Y6 (Lent/Easter-Spring term)			27. I know how to help others when they are in trouble 34. I stand up for people who are being treated unfairly		All CAFOD resources	Refugee week June Fair Trade Fortnight February	Difference and Diversity Y5 Being Responsible Y5	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
How to use technology safely			(UKS2) 2.3.1 Sharing Online (UKS2) 2.3.2 - Cyberbullying				Internet Safety Week February	Being Safe Y6	Covered through all objectives
I know: That there are a number of different people and organisations I can go to for help in different situations and how to contact them				25. I know when to ask for help and who to ask for help from				Being Safe Y6	
About some basic first-aid, dealing with common injuries			(UKS2) 2.3.6 – Giving Assistance	27. I know how to help others when they are in trouble			Emergency services Day		
How to make informed choices in relationships		God loves me in my changing and development Y5 p.35 The wonder of God's love in creating new life Y6 p.42	(UKS2) 2.3.1 Sharing Online (UKS2) 2.3.2 – Cyberbullying (UKS2) 2.3.3 - Types of Abuse					Relationships Y5	Online Relationships Online Reputation
That my increasing independence brings increased responsibility to keep myself and others safe			(UKS2) 2.3.1 Sharing Online (UKS2) 2.3.2 - Cyberbullying	6. I understand that rights match responsibility.			Internet Safety Week February	Being Safe Y6 Being Responsible Y5	Online Relationships Online Reputation
That prayer and worship nourish my relationship with God and support my relationships with others	All topics	God loves me in my changing and development Y5 p.36	All Units from 'Life to the Full' introduce children to a			CAFOD Assembly resources			



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
		The wonder of God's love in creating new life Y6 p.44	variety of ways to pray						
About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing.			(UKS2) 2.3.1 Sharing Online (UKS2) 1.3.4 - Seeing Stuff Online	27. I know how to help others when they are in trouble				Being Safe Y6 Being Healthy Y5	Health, well-being and lifestyle
Why social media, some computer games and online gambling, for example, are age restricted.								Being Safe Y6 Money Matters Y6	Privacy and Security Health, well-being and lifestyle
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health			(UKS2) 2.3.1 Sharing Online (UKS2) 2.3.2 - Cyberbullying	27. I know how to help others when they are in trouble				Being Safe Y6 Bullying Matters Y5	Online Bullying Health, well-being and lifestyle
How to be a discerning consumer of information online, including understanding that information, including that from search engines								Being Safe Y6	Managing Online Information Health, Wellbeing and Lifestyle



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
is ranked, selected and targeted.									Privacy and Security
How to report and get help if I encounter inappropriate materials or messages			(UKS2) 1.3.4 - Seeing Stuff Online	25. I know when to ask for help and who to ask for help from			Internet Safety Week February	Being Safe Y6	Online Bullying

Upper Key Stage Two: Theme 3 Created to live in community – local, global, national

	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
That there are some cultural practices which are against British law and universal rights (e.g. honour-based violence and forced marriage, human trafficking etc.)			Module 3 Created to live in community					Relationships Y5 Difference and Diversity Y5	
About the importance of living in right relationship with the range of national, regional, religious and ethnic identities in the United Kingdom and beyond, respecting difference	Other Faiths weeks		(UKS2) 3.1.1 - Trinity House (UKS2) 3.1.2 - Catholic Social Teaching	36. I try to be accepting of others		Global Neighbours resource	World Day for Cultural Diversity 21 May	Relationships Y5 Difference and Diversity Y5	
That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to								Being Responsible Y5	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
get support if they have fears for themselves or their peers									
To know: That God is Trinity, a communion of persons.									
Demonstrate my gratitude to others for the good things in my life through words and actions	Ourselfs Y5 Loving Y6 (Domestic Church- Autumn term)		Module 1 Unit 1 Story sessions Kester's Adventures	20. I try to appreciate the beauty and the wonder in the world around me		One Day One World resource	World Environment Day 5 June		
Be self-disciplined and able to delay or even deny myself	Sacrifice Y5 Death and New Life Y6(Lent/ Easter-Spring term)					Advent and Lent Resources		Being Healthy Y5	
I can: Show care and concern for the special people in my life and put their needs before my own	Sacrifice Y5 Death and New Life Y6(Lent/Easter-Spring term)		(UKS2) 3.1.1 - Trinity House					Relationships Y5	
Be loyal, able to develop and sustain friendships								Relationships Y5	
Be just and fair, acting with integrity, understanding the impact of my actions locally, nationally and globally	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		(UKS2) 3.1.2 - Catholic Social Teaching			Climate and Environment Resource Laudato Si Care for our Common Home	Fairtrade Fortnight February World Health Day 7 April World Environment Day 5th June	Being Responsible Y5	
Speak out about injustice in the wider world and what I can do to help.	Stewardship Y5 Common good Y6 (Universal Church-Summer term)		(UKS2) 3.2.1 - Reaching Out			Fair Trade Resource Laudato Si	Fairtrade Fortnight February World Health Day 7 April	Being Responsible Y5	



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	Come and See	Journey in Love	Life to the Full	Statements to Live By	Science Curriculum	Links to CAFOD	Links to Global Calendar	PSHE Matters	EFCW
						Care for our Common Home	World Environment Day 5 June		
Be forgiving, developing the skills to allow reconciliation in relationships	Freedom and Responsibility Y5 (Reconciliation-Summer term)		Module 1 Unit 1 Story sessions Kester's Adventures	29. I try to forgive people when they hurt me			International day of Peace 21 September	Relationships Y5	
That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread								Being Healthy Y5	

Resources referenced in this document:

Come and See – Sr Victoria Hummel – Matthew James Publishing Co Ltd <http://www.comeandseere.co.uk/>

Early Learning Goals from Statutory Framework for Early Years/Foundation Stage

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/596629/EYFS_STATUTORY_FRAMEWORK_2017.pdf

Science Curriculum 2014 <https://www.gov.uk/government/publications/national-curriculum-in-england-science-programmes-of-study>

A Journey in Love – Sr Jude Groden RSM McCrimmon Publishing Co Ltd <http://www.mccrimmons.com/shop/relationships/>

Life to the Full – Ten: Ten Resources (including EYFS resources September 2010) www.tentenresources.co.uk/relationship-education

CAFOD – Catholic Agency for Overseas Development <http://cafod.org.uk/Education/Primary-schools>

Statements to Live By – Nurturing Human Wholeness Through the Distinctive Catholic Tradition – Frank McDermott and Theresa Laverick



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<http://www.anamcara.org.uk/Nurturing%20Human%20Whole.html>

[Global Calendar](#)

<https://globaldimension.org.uk/calendar/>

***SDB – Additional resources produced for Year 5 and Year 6 by Sister Dorothy Black**

Suggested additional Resources

All That I Am - Relationships and Sex education for Upper KS2 published by the Archdiocese of Birmingham

<http://all-that-i-am.co.uk/>

Social and Emotional Aspects of Learning (SEAL) published by Department for Education - National Strategies

<http://webarchive.nationalarchives.gov.uk/20110809101133/nsonline.org.uk/node/87009>

PSHE guidance from PSHE Association <https://www.gov.uk/government/publications/personal-social-health-and-economic-education-pshe>

<https://www.pshe-association.org.uk/>

It is recommended that schools include in their annual curriculum planning some focused lessons about internet safety and all forms of bullying e.g. Internet safety week and anti – bullying week (see global calendar).